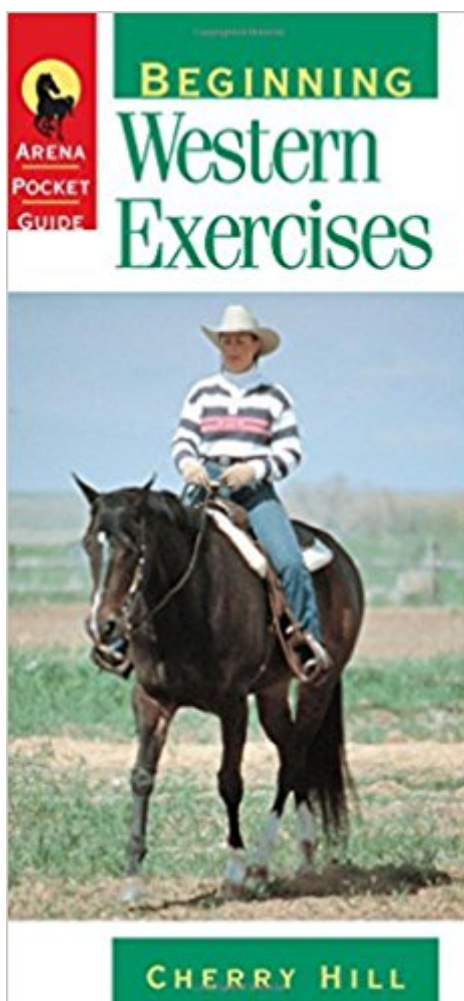


The book was found

# Beginning Western Exercises (Arena Pocket Guides)



## Synopsis

With this pocket-sized guide in hand, you'll find it easy to develop your Western riding skills. Cherry Hill's exercises will help you achieve rider balance, find a steady rhythm, establish energetic forward movement, maintain left to right balance, learn the gaits, learn transitions, and begin bending work.

## Book Information

Series: Arena Pocket Guides

Spiral-bound: 32 pages

Publisher: Storey Publishing, LLC (January 5, 1998)

Language: English

ISBN-10: 1580170455

ISBN-13: 978-1580170451

Product Dimensions: 4.4 x 0.4 x 8.1 inches

Shipping Weight: 4 ounces

Average Customer Review: 3.2 out of 5 stars 9 customer reviews

Best Sellers Rank: #749,221 in Books (See Top 100 in Books) #129 in [Books > Sports & Outdoors > Individual Sports > Gymnastics](#) #592 in [Books > Crafts, Hobbies & Home > Pets & Animal Care > Horses > Riding](#) #615 in [Books > Sports & Outdoors > Individual Sports > Horses > Equestrian](#)

## Customer Reviews

"Cherry Hill is one of my favorite equestrian authors. All her works are easy to understand and apply." -- Horseplay Magazine

Strengthen your Western riding skills with this read-and-ride guide. Beginning Western Exercises features arena maps with patterns of exercises and gaits to help you: -- Learn the gaits-- Develop balance-- Find a steady rhythm-- Start transitions-- Begin bending work-- Establish energetic forward movement

This book is completely useless for someone learning western riding. It has detailed exercise description with no information about how to actually do them. For example, several pages are dedicated to walk-jog-walk exercises, with no description about how to get a horse to transition from a walk to a jog and from a jog to a walk. For the circle exercises the advice is to "use your inside leg to activate the inside hind leg (I assume of the horse)" -- but HOW? I learned nothing from this book

and it was a complete waste of money.

This book is a lot smaller than I expected. It's a pocket guide, and only has about 5 beginner exercises. And about 3-4 pages of description of how to ride the patterns in the book.

Detailed and useful

Being someone who has been riding all her life, this book is useless. Also I already started with western riding. I was hoping this book would give me a little more insight about 'how to' do exercises. Instead it is a book for people who know absolutely nothing about horse riding, English or western. So if you are beginning to take classes for horse riding, this little book might help you. It is very clear on how to sit, feel movements etc. Explains the different gaits and what to expect to feel when riding a horse. So for me it wasn't what I was expecting to get, hence the 1 star. But looking from a beginner's perspective it could be a 4 star book (let).

This book was completely useless to me. I was hoping for a book that would have interesting and varied arena exercises for young horses such as turns on the forehand and rear, spirals, backing two steps- forward two- back three- forward three, etc. Things to work on when you can't get out on a trail. Instead, it is a simple book covering such basics as how to halt, how to walk, jog, lope. Apparently it is intended for someone who is entering a western pleasure class. Not what I was looking for.

Great exercises to do with your horse and small enough to bring with you to the stable. Fits nicely in your grooming bag.

I thought the book was good overall, it had good suggestions on things to do, but in the first Exercise the Halt it says "the halt should be square and balanced" So how do you accomplish that? I thought that half the lesson had been left out.

If you have just begun western riding- like me, you will love this book. I had been riding English for 6 years, and found that western was a bit different. This book helped me get my balance and courage. I really recommend this book!

[Download to continue reading...](#)

Beginning Western Exercises (Arena Pocket Guides) Memory Exercises: Memory Exercises Unleashed: Top 12 Memory Exercises To Remember Work And Life In 24 Hours With The Definitive Memory Exercises Guide! (memory exercises, memory, brain training) 50 Best Arena Exercises and Patterns: Essential Schooling for English and Western Riders 101 Arena Exercises for Horse & Rider (Read & Ride) Arena Legacy: The Heritage of American Rodeo (The Western Legacies Series) pocket guides Oslo, 4th: Compact and practical pocket guides for sun seekers and city breakers (Thomas Cook Pocket Guides) Juggling & Feats of Dexterity: Amazing Acts of Skill and Subtlety for the Domestic Arena (The Pocket Entertainers) Monte Carlo Pocket Guide, 4th: Compact and practical pocket guides for sun seekers and city breakers (Thomas Cook Pocket Guides) Antigua Pocket Guide, 2nd: Compact and practical pocket guides for sun seekers and city breakers (Thomas Cook Pocket Guides) Barbados Pocket Guide, 2nd: Compact and practical pocket guides for sun seekers and city breakers (Thomas Cook Pocket Guides) Dusseldorf Pocket Guide, 3rd: Compact and practical pocket guides for sun seekers and city breakers (Thomas Cook Pocket Guides) Cruising the Southern and Western Caribbean: A Guide to the Ships & the Ports of Call (Cruising the Southern and Western Caribbean) (Cruising the Southern & Western Caribbean) Tarascon Pocket Pharmacopoeia 2010 Classic Shirt-Pocket Edition (Tarascon Pocket Pharmacopoeia: Classic Shirt-Pocket Edition) Pocket Adventures Aruba, Bonaire & Curacao (Pocket Adventures) (Pocket Adventures) (Adventure Guide to Aruba, Bonaire & Curacao (Pocket)) The Arena: Inside the Tailgating, Ticket-Scalping, Mascot-Racing, Dubiously Funded, and Possibly Haunted Monuments of American Sport The Arena: Guidelines for Spiritual and Monastic Life (Complete Works of Saint Ignatius Brianch) Shaping The Political Arena: Critical Junctures, the Labor Movement, and Regime Dynamics in Latin America (ND Kellogg Inst Int'l Studies) Simulation with Arena (Irwin Industrial Engineering) The Cold War and the Color Line: American Race Relations in the Global Arena In the Arena: Good Citizens, a Great Republic, and How One Speech Can Reinvigorate America

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)